

REJUVENATION

The satisfaction of a good meal is complemented by a relaxing Classical Thai Massage. While numerous kinds of body rubbing and kneading abound all over the streets of Bangkok, many of those are done publicly, and simultaneously in front of other people. A visit to the award-winning Rarinjinda Wellness Spa (voted Best Day Spa at the Asia Wellness Spa Festival Gold Awards 2009, and Outstanding Day Spa and Destination Spa at Thailand Tourism Awards) at the Grande Centre Point Hotel promises a relaxing afternoon in the care of expert therapists and in privacy. The treatment begins with a herbal foot soak, followed by a fragrant guava polisher. A beautiful silk robe is handed to change out of the day's clothes before laying



THE TWO-HOUR CLASSICAL THAI MASSAGE IS A PREFERRED OPTION TO UNWIND



THE AWARD-WINNING RARINJINDA WELLNESS SPA AT THE GRANDE CENTERPOINT HOTEL

lifestyleasia

living at its finest

JULY 2011
P100



Cebu Sensations

Jaja Chuongbuan-Rama, Aiza Mondonedo, Kaye Luym, Carla Yeung-McKouten, Alice Woolbright

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